

How You Can

Get Rid

of

HEADACHES

or

MIGRAINES

Fast

Finally Found something

Life Changing

by Bianca & Juan-Carlos

**How You Can
Get Rid**

of

HEADACHES

or

MIGRAINES

Fast

**Based on Real Life
Experiences**

by Bianca & Juan-Carlos



How You Can Get Rid of Headaches or Migraines with

- NO Chemicals
- NO Drugs
- NO Hormones
- NO Steroids
- NO Stimulants
- **NO Contraindications**
- **NO Side Effects**

* Disclaimer – None of the Products are meant to Treat, Cure, Diagnose, or Prevent any Disease

My husband and I are sharing this in the Spirit of Agape Love, in order to help give Hope to other people who are going through similar health challenges.

Whoever has shared this book with you Cares and Loves You very much.

We Finally Found something that is Life Changing, mutually beneficial, and worth sharing.

We keep experiencing and witnessing Remarkable results from using these patches.

The more You learn the more You will appreciate what these patches can do to help improve Your Quality of Life and the lives of your loved ones.

These Patches will help
Add Years to Your Life
and
Life to Your Years.

Connect with us via **wearelightgivers.com** and email at wearelightgivers@gmail.com for more Free and Useful Resources.

You will find that these patches can help you with more than just headaches or migraines.

See the additional resources towards the end of the book.

Important Information for the Reader

The information presented in this book is based on personal experiences.

The information in this book is not intended for self-diagnosis or treatment of any diseases, nor is it a substitute for the advice or care of a licensed healthcare provider.

Sharing of the information in this book with the attending physician is highly desirable.

This book is intended to help you become aware that there are alternative options concerning your long-term health goals.

When you are ready to Experience something more whole-istic, let us know.

The Products that are being shared with You have:

- NO Chemicals
- NO Drugs
- NO Hormones
- NO Steroids
- NO Stimulants
- **NO Contraindications**
- **Do Not Interfere with anything**
- **Nothing is going inside of Your body**
- **NO Side Effects**

Greetings, my name is Bianca.

Before learning about the patches, I would suffer with debilitating migraine headaches that would go on non-stop for 3 to 4 days straight, every month for over 10 years.

When dealing with a migraine, I would not be able to handle any loud noises or lights.

My husband Juan-Carlos and my little ones would have to be very quiet and keep our home as dark as possible.

It was very challenging for everyone in our family because everyone would be affected.

My family would usually have to leave our home in order to avoid making any noise or having to turn on any lights inside our home.

I was not able to enjoy quality time with my family when dealing with the migraine headaches.

Even though I have a decent amount of tolerance for pain, my quality of life was impacted.

I do my best to eat properly,
I do my best to be well hydrated.

I would use a neck massaging machine in order to help relieve any tension.

I would use a pain relief ointment.

I would use a device that would squeeze my head.

I would use a scalp massager.

I would drink coffee because it appeared to help sometimes.

When it got really terrible, I even resorted to over the counter pain relief pills.

However, no matter what I resorted to using, it was not taking care of the root cause.

I was feeling helpless
and
I was feeling hopeless
because nothing else I did was working.

Thankfully, I was fortunate enough to meet Pat, Diane, and Carroll who shared what I call the Miracle patches with me.

Because these awesome women are very kind, generous, and thoughtful beings, they invited my family, me, and other people to a patching party/event at Vito's restaurant.

At that time I was dealing with a terrible migraine headache and I urged my husband JC to go to the patching event on June 22, 2023.

When we arrived they asked us if we had any Pain.

I immediately raised my hand along with all of the other people at the event who were also suffering with other types of agonizing pain.

I was asked to rate my pain from 1 to 10, with 10 being the most extreme level of pain.

The migraine pain I was suffering with was easily around level 10.

So I ordered some coffee which is one of the many things I would resort to when dealing with a migraine.

These wonderful women informed us that;

- We can wear the patches 12 hours on and 12 hours off.
- It is important to be well hydrated.
- Encouraged us to keep track of our progress via the 1 page Health Tracker.
- **That in order to help Activate, Regenerate, Repair, Rejuvenate, and Renew your body at a cellular level, it is best to use the patches everyday similar to a daily vitamin.**
- These patches are Non-Transdermal meaning that nothing is going to transfer into our bodies.
- Being Consistent is incredibly important.
- There are **No Contraindications** meaning that the patches do not interfere with any medications or anything else that we may be using.
- NO Chemicals
- NO Drugs
- NO Hormones
- NO Steroids
- NO Stimulants
- NO Side Effects

Various people shared their Remarkable Real Life Experiences with all of us.

As I heard various people share their Remarkable Life Changing stories, tears of joy began to flow down my face.

I finally had real hope that these patches can help us experience the wellness we have been missing.

Pat then placed a tan patch on the left temple of my head, and a white patch on the right temple of my head that together help to get rid of pain fast.

Pat also placed **a different patch on the back of my neck that is meant to help Activate, Regenerate, Repair, Rejuvenate, and Renew my body at a cellular level.**

Both me and my husband ended up being pleasantly surprised that the migraine headache pain was completely gone in about 5 minutes after putting on the patches.

I was amazed that these patches work so fast.

The patches are very fast and effective at providing pain relief.

I did not even need to drink any of the coffee I had ordered.

We also had friends that came with us who experienced significant pain relief.

I am beyond grateful to these wonderful women who took the time and chance to share this Life Changing Phototherapy with me.

We could not wait to get a set of patches so that we can share them with as many people as possible.

I continue to use the patches everyday and I am joyful to say that I no longer experience migraine headaches anymore.

I see the patches as a tool that allows our body to operate at the most optimal level.

The patches are part of a Health, Wealth, & Wellness Lifestyle.

If this short real life experience has helped you and you want to learn more we invite you to connect with us and to pay it forward by sharing this useful knowledge with your Loved ones.

We are grateful to be of service.

Stay tuned in with us as we will be sharing more short books about real life experiences we have had and witnessed.

Thank You.

**Peace, Love, Light, & Healing
from Juan-Carlos & Bianca**

BEFORE & AFTER

THE POWER OF THE PATCH!



Consistency is the Key



HOW THE PATCHES WORK

A simple story of how our Patented Patches work.

When you're in the sun, the light from the sun signals the body to increase Vitamin D production.

Our patented patches don't need the sun because our bodies also emit light which is reflected off the patch and back into our tissue.

The organic crystals in the patch change the wavelength of the light in a process called photo-biomodulation = Light making change in the body.

Use Daily for Optimal Wellness.

Patch USAGE INSTRUCTIONS:

- Complete the “Before” column on the Health Benefits Tracker below
- Apply one patch in the morning Wear the patch for 12 hours, REMOVE and DISCARD before bedtime
- **You can also place the patches on the inside of your clothes**
- The next day, complete the “24 hours” column on the Health Benefits Tracker
- Keep tracking your benefits for 90 days with the Health Benefits Tracker



PLACE ONE PATCH ON EITHER OF THESE TWO LOCATIONS

- Apply to clean, dry skin in the morning
- Patches may be worn for up to 12 hours before discarding
- Keep well-hydrated during your patching experience



HEALTH BENEFITS TRACKER (Rate Yourself on a 1-10 Scale)

Section 1: A higher # is better with these Symptoms - 10 is Excellent

	Before	24 hours	7 days	14 days	21 days	30 days	60 days	90 days
Quality of Sleep								
Mental Clarity								
Energy & Vitality								
Stamina								
Recovery Time from Exercise								
Muscle Strength & Tone								
Mobility								
Skin Appearance								
Feeling of Well Being								
Other:								

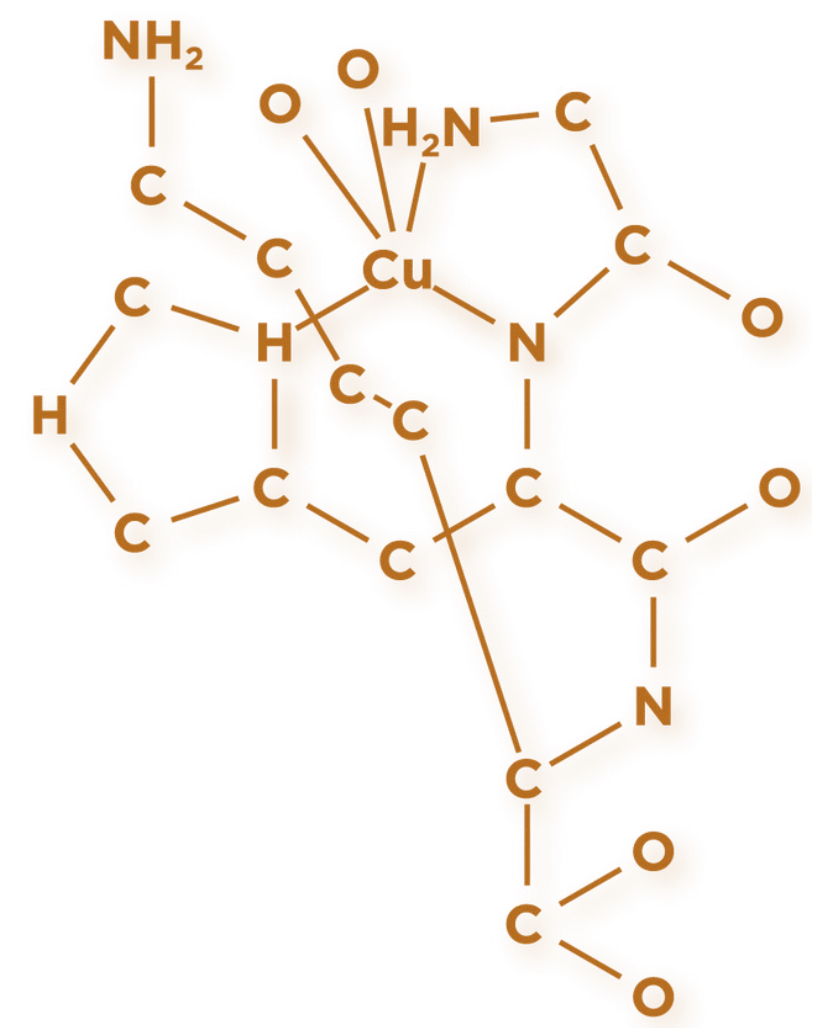
Section 2: A lower # is better with these Symptoms - 1 is Excellent

	Before	24 hours	7 days	14 days	21 days	30 days	60 days	90 days
Pain								
Inflammation								
Headaches								
Mood Swings								
Fine Lines & Wrinkles								
Age Spots								
Scars								
Other:								

- Warnings: Remove immediately if you feel excessive discomfort or if skin irritation occurs.
- **The Patches can also be placed on the inside of your clothes.**
- For external use only. Do not ingest.
- Do not use directly on open wounds or damaged skin.
- Ask your health professional before using if you have a health condition or have questions and concerns about your health.
- Do not use if pregnant or nursing.

Use Daily for Optimal Wellness.

GHK-Cu Copper Peptide: The Holy Grail of Healing



Dr. Loren Pickart discovered GHK and many of its biological effects with his original thesis is titled: "A TriPeptide From Human Serum" (June 1973)

GHK-Cu Copper Peptide activates Stem Cells for full body repair and regeneration!

GHK-Cu Copper Peptide is proven to **ACTIVATE** your stem cells, **PRODUCE** more stem cells, and **RESET** your stem cells to a younger healthier state.

Why is that important? Stem cells have the unique ability to change into any cell your body needs for repair and regeneration, just like when you were younger.

Our cells are constantly wearing out, forcing our body to work around the clock to make new and healthy cells. Your activated younger stem cells turn those old cells young and healthy again! In fact, within 24 hours, GHK-Cu Copper Peptide resets 4,000 genes to a younger, healthier state.

As we age, we produce less and less stem cells, slowing down our body's ability to repair itself. By age 35 we have lost 50% of our stem cell activity. By age 65 we have lost almost all our stem cell activity. When we activate our body with these younger pluripotent stem cells, they have the unique ability to turn into whatever cell the body needs for repair.

Your new stem cell army is now activated! Even if you don't immediately feel the effects, rest assured your army of stem cells is now hard at work repairing your most critical issues first before moving on to something you do feel.

Use Daily for Optimal Wellness.

The Benefits of GHK-Cu Copper Peptide

SKIN & HAIR

- GHK tightens loose skin and thicken older skin
- GHK reduces fine lines and depth of wrinkles
- GHK increases hair growth and thickness
- GHK accelerates wound healing

LUNG PROTECTION

- GHK tops the list for chronic pulmonary issues
- GHK restores healthy function in lung cells
- GHK protects lung cells from damage

ANTI-FAST GROWING CELLS

- GHK tops the list to combat Fast Growing COLON cells
- GHK resets the PROGRAMMED CELL DEATH for aging cells
- GHK inhibites NFkB p65 which promotes fast growing cells
- GHK repaires damaged cells (47 genes up, 5 genes down)
- GHK resets 84 genes to inhibit fast growing cells

BRAIN & NERVES

- GHK resets human genes important to proper neuron function with 408 UP and 230 DOWN
- GHK induces strong Anti-Stress & Anti-Anger
- GHK induces Anti-Discomfort Activity
- GHK is being used for damaged spinal cords

ANTIOXIDANT POWER

- GHK increases SOD1
- GHK suppresses NFkB, a primary cause of aging
- GHK completely blocks oxidation

ACTIVATES STEM CELLS

- GHK causes adult Stem Cells to start producing again
- GHK produces more Stem Cells and resets Stem Cells to a younger, healthier state

Use Daily for Optimal Wellness.

WHAT TO EXPECT

when you experience the power of the patch.

The First Few Days

4,000 Genes begin to reset

Within 24 hours 3,000-4,000 genes begin to reset to a younger healthier state.

Within 4 Weeks

YOUR NEW ARMY IS ACTIVATED

Your new army is now activated and attracted first to your most critical issues that need repair and regeneration, which you may not feel, such as an internal organ or tissue, before helping something you do feel.

Within 6 Weeks

BRAIN BALANCING

A recent study has shown, after six weeks, the **brain became more balanced** as shown on QEEG brain mapping. These types of changes help calm an overactive brain leading to a decrease in multiple symptoms such as memory, depression, anxiety, sleep and more.

~ 2019 PSY-TEK Labs

Within 3 Months

COLLAGEN IS INCREASED

Your collagen is elevated initiating rapid repair of tissue in your body.

Within 6 Months

REDUCED HEART AGE

Cardiovascular System Changes Occur

The cardiovascular portion of the organ function study showed that after 6 weeks the cardiovascular systems acted eight weeks younger. So, if one does the math, for every day you wear the patch the cardiovascular system acts a day and a third younger.

~ The Center for Biofield Sciences

Within 12 Months

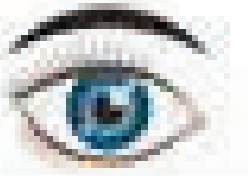
REGENERATION IS NOTICEABLE

You look and feel younger inside and out.

Use Daily for Optimal Wellness.

These patches work due to the Light Wave Spectrum.
It is all about Energy and Frequencies.

VISIBLE WAVE SPECTRUM

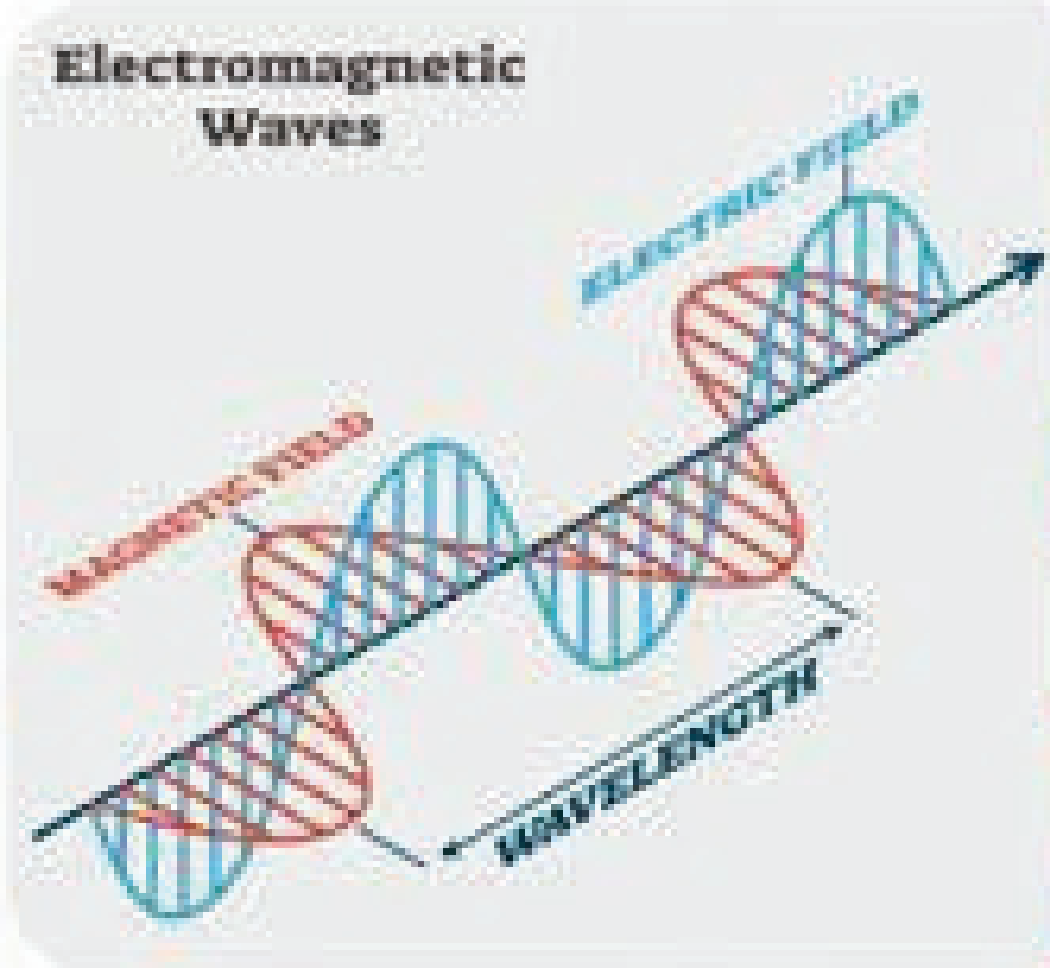


WAVELENGTH:
400 nm - 700 nm

Bacteria

FREQUENCY
790 THz - 430 THz

Amplitude
Time



FM TV	Microwave Oven	TV Remote	Light Bulb	Sun	X-ray Machine	Radioactive Elements
Radio	Microwaves	Infrared	Visible Light	Ultraviolet	X-rays	Gamma

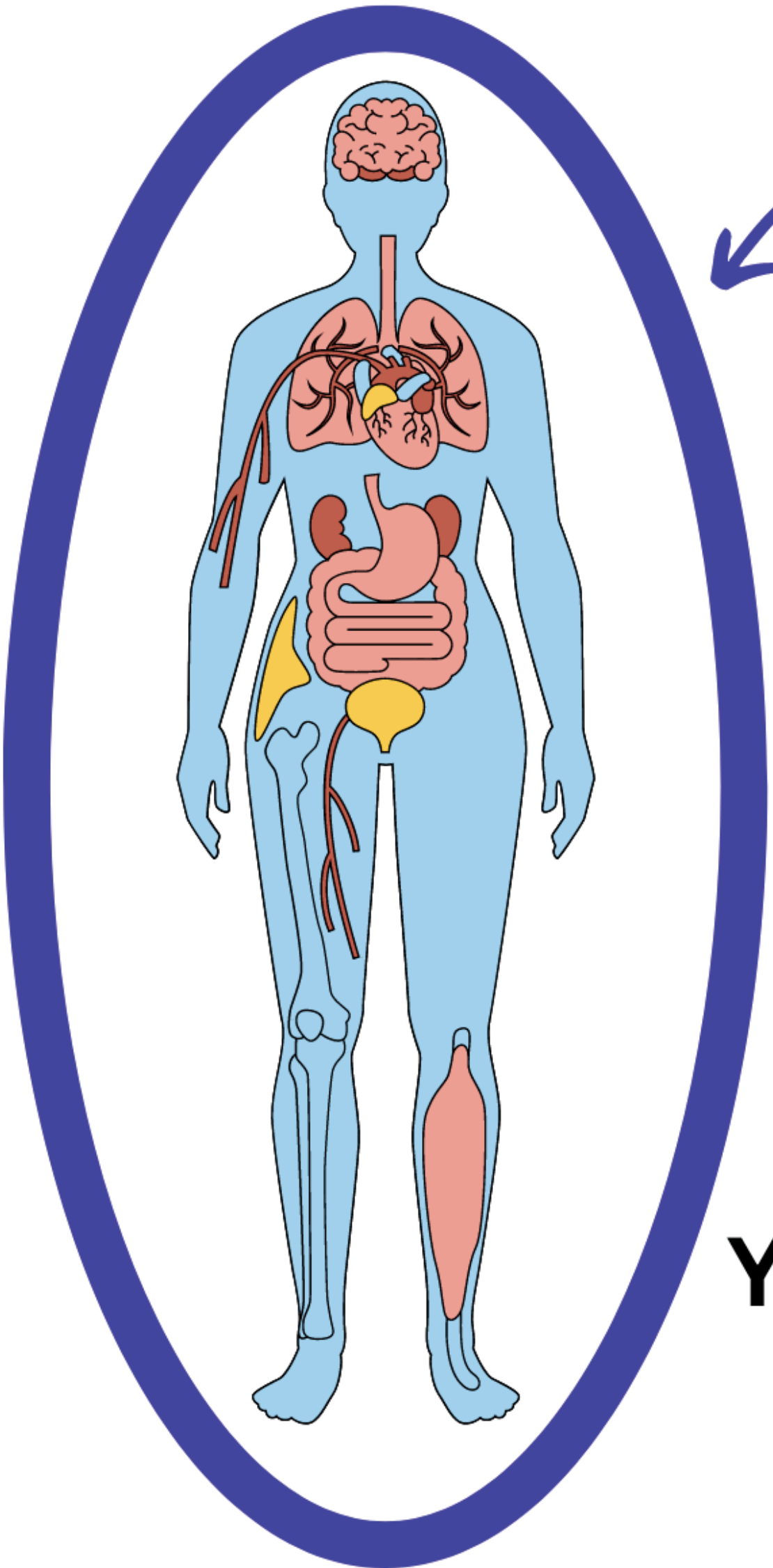


Having Bad Connections

among this Cell Network is **Annoying.**



Having Bad Connections among this **Cell Network** is **Harmful.**



This Patch



Can Help Improve Your Connections in Meaningful Ways

SCAN ME

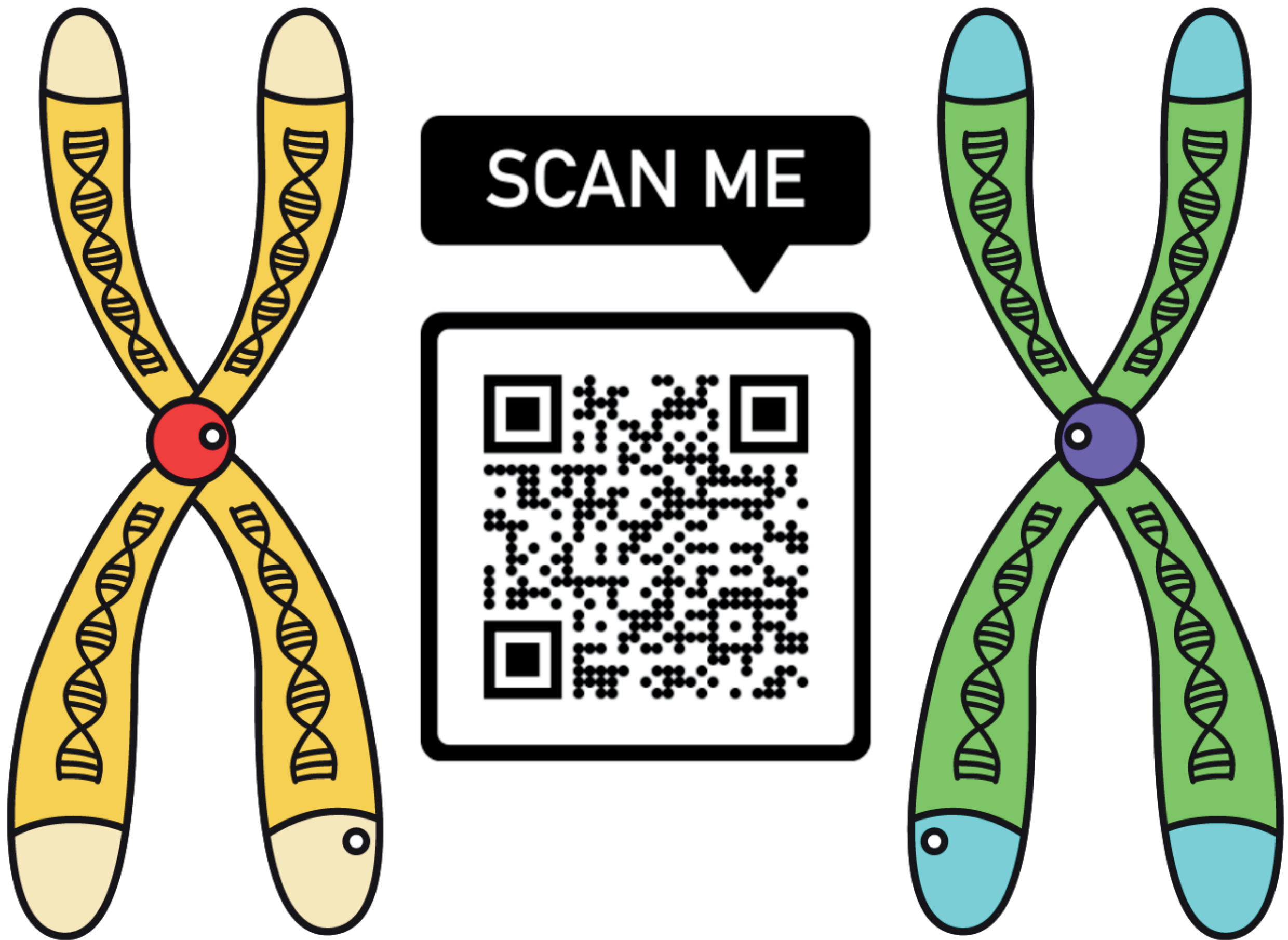


Connect with us Now! and Experience the Possibilities



Use Daily for Optimal Wellness.

A little stem cell humor for You.



What did the
Dormant Stem Cell
say to the
Active Stem Cell?
Telomere more
about it

